

Fresh Fruit & Vegetable Program

October 29, 2025

Dear Parents and Guardians,

We are excited to announce that Dollar Bay Tamarack City School was selected by the Michigan Department of Education to participate in the United States Department of Agriculture's Fresh Fruit and Vegetable Program for this school year!

A fresh fruit or vegetable snack will be offered to your elementary age student (preschool-sixth grade) at least twice a week, until the grant funds are depleted. These snacks will be served during the morning snack time starting on Tuesdays and Thursdays during the month of November.

The goals of this grant program are to:

- Create healthier school environments by offering healthy choices.
- Expand the variety of fruits and vegetables children experience.
- Increase children's fruit and vegetable consumption.
- Make a difference in children's diets to impact current and future growth.

You can support your student's efforts to increase their fruit and vegetable consumption in several ways. Examples include:

- Take your student shopping and allow them to pick a fruit or vegetable.
- Keep fruits and vegetables visible in your kitchen at home.
- Set a positive example by regularly eating fruits and vegetables yourself.
- Involve your student in meal planning by letting them choose fruits and vegetables that will be served during mealtime at home.
- Visit local farmers' markets to explore seasonal produce available.

Please find a menu for the month of November attached to this letter and on the school's website. If you have any further questions please feel free to contact me by phone (906) 482-5800 ext 1131 or by email saloj@dbschools.us.

Jen Salo

Food Service Director

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
Program.Intake@usda.gov

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